

Haemorrhoidal Rubber band ligation (BARRON TECHNIQUE)

You are a bearer of haemorrhoids. The extent of your condition does not require surgery but rubber band ligations.

This treatment aims to:

- Strangle the prolapsed bead
- Fix the lining of the anal canal to deep planes to prevent it from moving during defecation.
- Reduced blood flow to prevent haemorrhoid swelling and bleeding.

In principle, the haemorrhoidal cushions are of a total of 3. They will be relinked in a course of three sessions two weeks apart.

This treatment is usually painless.

You may experience after the ligation an "urgent need" to go to the bathroom.

This is a "false need" because your rectum is empty. This false need is more or less annoying, it can be painful but spontaneously disappears after a few hours.

Try avoiding going to the bathroom in order to prevent the act of pushing on the ligation.

If the discomfort is too great, take up to 4 PC 500mg of paracetamol a day, (Dafalgan, Zolben, Panadol...) or an anti-inflammatory (Voltaren, Tilur, Ponstan,).

Do not take aspirin or even cardio aspirin.

The acetylsalicylic acid contained in this drug can promote bleeding.

Eat normally, eat food rich in vegetable fibers and drink 2 liters of water a day.

Take all necessary measures to avoid constipation and to have soft feces.

After 7 to 10 days, when the ligation has "dried up" your haemorrhoid cushions, you may observe blood loss or signs that the bands have fallen. This bleeding is almost always banal and stops spontaneously.