

Haemorrhoids

You are a bearer of haemorrhoids and the severity of your condition requires surgical treatment.

This treatment aims to:

- Excise haemorrhoidal cushions that are most often in a number of 3 sometimes 4.
- To ligate the haemorrhoidal vessels to their roots.
- Maintaining mucosa and skin bridges from which the healing will proceed
- Avoid the risk of incontinence.

General anesthesia is not absolutely necessary.

The operation can be performed by local anesthetic (perineal block associated to a local anesthesia).

To reduce post-operative pain, you will be given:

- Anti-inflammatory drugs (unless you suffer from gastritis) which will be taken before surgery.
- Paracetamol up to 3 to 4 tab 500mg per day in the form of Dafalgan, Zolben or Panadol ...
- Opioids in reserve to take in case of severe pain:
Tramal drops up to 4x15 to 20 drops per day
- A healing ointment which contains a local anesthetic.

Do not take aspirin or even cardio aspirin. The acetylsalicylic acid contained in this drug can promote bleeding. Locally, to keep wounds clean and prevent pain caused by feces, shower with warm water the region more than 3 times a day.

Eat normally, eat food rich in vegetable fibers and drink 2 liters of water a day.

Take all necessary measures to avoid constipation and to have soft feces.

It usually is sufficient to take in the evening a tablespoon of liquid paraffin oil, for feces to pass through with no problems.

If necessary we will prescribe a laxative.